



Patricia L. Helms

May 27, 1947 - July 15, 2024

Patricia L. Helms, 77 of Morganton, NC passed away, Monday, July 15, 2024. Born on May 27, 1947, she was the daughter to the late Dayton Preswood and Lucille Poteat. Patricia was a member of Praise Assembly of God Church. She loved to garden, fish and be at the beach. Patricia loved her family dearly.

Patricia is survived by her children, Mike VanHorn (Becky), Kenneth Helms, Tonya Buff (Danny), Leslie Dover; grandchildren, Kristin, Kyia VanHorn, Brooks Dover, Jr., Daniel Buff, Corey Buff, Micah Buff; great-grandchildren, Allison and Malakai Buff; sister, Barbara Leadingham (Velton); niece, Jackie Welch; nephew, Tom Hester.

In addition to her parents, Patricia was preceded in death by her husband, Kenneth Wayne Helms; brother, Roger Preswood; sisters, Kathy Benfield, Linda Parker.

The family will receive friends from noon until 2pm, Friday, July 19, 2024 at Praise Assembly of God Church. The funeral will be held in the church at 2pm with the Rev. Kevin Crawford officiating. Burial will follow at Burke Memorial Park.

Sossoman Funeral Home and Crematory Center is assisting the family with the arrangements.

Tribute Wall



I believe I had one of the best Mamas in the world. She was always helping and thinking of others, very selfless. I know that all of my family would say that she loved unconditionally and saw the best in others. Mama loved the Lord and she loved going to church where she sang and worshipped. She was always mindful of those needing prayer and she would pray with them. Her cooking was second to none and every Sunday she provided dinner to everyone who would come. Her vacations were family centered as well and the more the merrier. We spent countless times at the beach where she loved to fish and lay in the sun and pick up sea shells. I treasure all my time with Mama and I look forward to the day I will see her again. I love you Mama.

—Tonya Buff



I love you Mama. I know that you are so happy now and I can't wait until I see you again. I'm so thankful that God gave me the gift of being with you a lot more for the last three and a half years. Those memories are precious to me. Until we meet again.

—Tonya Buff



My all time favorite 1ct cousin. We were best of Bods from about age 5. She would always spend the Summers in the mountains at our Grandparents house from Sugar Mtn to Smokey Straight. I always Loved You and You will be Sorely Missed. I know Your Heavenly Ride Will Be Lovely, PEACE !

–Wayne Holden



I spent a lot of time at aunt Pats house when I was little with Nanny, family dinners and just visits. Always smiling and mediating our family drama. You'll be missed auntie. Please say hello to Nanny, mother and aunt Kathy. Until we meet again RIH

–Neena M Bryan



Pat is my aunt and I have so many good memories of her growing up. She was one of the kindest and sweetest humans that I've ever known or been around. She will be missed by her family.

–Robby Preswood

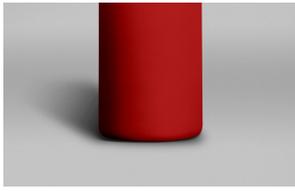
I love and will miss you Aunt Pat....

–William Benfield

My thoughts, prayers, and love goes out to all who knew and loved this sweet lady. May God bless you all with peace and comfort!

–Glenda Truax





–Anonymous



Tonya my beautiful sister, I'm so sorry for your loss. Meemaw was the best Meemaw anyone could ask for. We had the best time in Tennessee. She truly was a beach bum! But the reunion she is having with Paw, my mama, and she couldn't wait to see Jesus! She will be missed! It's not goodbye Meemaw, it's until we see you again. I love you!
Tiffany

–Tiffany Gibbs



Tonya, Mike and family. Bill and I are so very sorry for your loss. I loved your mom and I know that she will be missed. We know that she is now walking streets of gold with her Savior. We will be praying for you and thinking of you. Love,
Kathy.

–Kathy Hagmann



I was so sorry to hear about Pat. She was a wonderful person, always had a smile on her face. I hope you receive solace knowing she is healed and healthy now. Sending prayers to Mike, Tonya and the whole family Love, Susan

–Susan Chapman